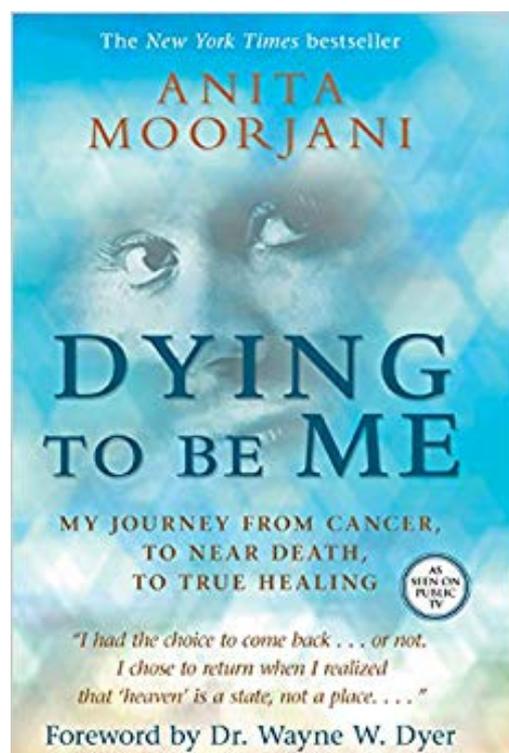


Dying To Be Me: My Journey from Cancer, to Near Death, to True Healing *by* Anita Moorjani



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In this truly inspirational memoir, **Anita Moorjani** relates how, after fighting cancer for almost four years, her body—overwhelmed by the malignant cells spreading throughout her system—began shutting down. As her organs failed, she entered into an extraordinary near-death experience where she realized her inherent worth . . . and the actual cause of her disease. Upon regaining consciousness, Anita found that her condition had improved so rapidly that she was able to be released from the hospital within weeks . . . without a trace of cancer in her body!

Within these pages, Anita recounts stories of her childhood in Hong Kong, her challenge to establish her career and find true love, as well as how she eventually ended up in that hospital bed where she defied all medical knowledge.

As part of a traditional Hindu family residing in a largely Chinese and British society, she had been pushed and pulled by cultural and religious customs since she had been a little girl. After years of struggling to forge her own path while trying to meet everyone else's expectations, she had the realization, as a result of her epiphany on the other side, that she had the power to heal herself . . . and that there are miracles in the Universe that she had never even imagined.

In *Dying to Be Me*, Anita freely shares all she has learned about illness, healing, fear, "being love," and the true magnificence of each and every human being!

This is a book that definitely makes the case that we are spiritual beings having a human experience . . . and that we are all One!



Reviews of the **Dying To Be Me: My Journey from Cancer, to Near Death, to True Healing** by Anita Moorjani

Dream

I have read THOUSANDS of Near Death Experiences and THIS ONE had a very special spoiler I will not share--but it WAS the ONLY reason I bought this one book. My lover passed away a few years ago from the SAME EXACT condition and I mean right down to her (this author) being so wasted muscle wise and obvious to most people she had zero chance to live not to mention come back and have a good body again. I am female and wanted to know HOW my lover felt when he passed. Since both died of same rare disease. After reading her book and rushing to the part of her actual death and her discovery of WHY she had cancer in the first place-I was positive this is the same reason I lost my lover. Her book is VERY special more so to people losing someone to cancer. However her reason and my lovers reason does not mean it is everyone's reason who is departing w cancer. But his personality was the same as his and mental positioning.

I was not with him when he died because his cell phone was left in the ambulance and he could not call me - meantime I was in another city waiting for him and seeing a big crow dancing in front of me and following me around. I will give you my spoiler--it was HIM telling he was happy. Meantime I am texting another friend I may be dying soon because this crow was dancing and following me around. We were to meet at a concert knowing he only had days so Doctors were just letting him go out and live life on tons of prednisone. That gave him all the energy in the world despite the fact he looked like our science school skeleton.

I bought this on Kindle a few years ago show I hope it still shows up as a "verified" review.

Grotlar

This is the third Dying to be Me book my husband and I have ordered. When I read it many years ago it touched me deeply and I knew I would never look at or approach life the same again...I felt empowered. Since my initial reading, my husband and mother-in-law have read it and we have some pretty deep conversations about the message Anita has shared. About a year ago a friend of my husband received some bad news...his wife had scleroderma, a disease within the body that creates an over-production of collagen; everything within the body (skin, internal organs, etc) begin to thicken and tighten to a point of such severe pain that it is debilitating. For our friends wife the pain was so bad she was trying to figure out how to kill herself just to end it all. My husband ordered her Anita's book and healing meditation CD. I will not write here that she miraculously healed because that is not a truth...but she has portrayed to us that Anita's book filled her with such a sense that everything, even death is ok, there is nothing to fear. This is a profound book and one that must be read to truly get an understanding.

Delan

This is the second time I have read "Dying to Be Me", each time I get more out of it. I felt drawn to

read it again a week ago and a couple days into reading it I got informed of my brother's terminal cancer diagnosis. I am not sure he is open to read this but I will see how it goes. It's very difficult to approach someone in that state of mind about thinking differently concerning a disease that has so much fear surrounding it.

I have run the gamut of religions and belief systems in my life and what Anita writes is what resonates the most with me. I know I have spent most of my life not really loving myself and this is the path I choose to finish living my life on. With so much fear running rampant now we can see all the damage that is the result of it. Choosing to love yourself is the only thing we have control over.
Zamo

I have read accounts and watched videos of near-death experiences for decades, and I hear clearly that there is no need to be afraid. Anita Moorjani's account of her experience is one of the clearest, validated, and instructive accounts to this effect. I think as more and more people become familiar with these stories, we may stand a chance of letting go of all our fear-based self-destructive patterns, including war, addiction, disease, and poverty. I highly recommend this book.

Mr_Mix

Up and coming author Anita Moorjani's debut book *Dying To Be Me* is undoubtedly one of the most important books of 2012. It is one of the most inspiring memoirs I have ever read. In these pages Anita shares in the most touching and heart-felt ways her personal history, growing up different, the tension cultural expectations created within her and the events leading up to her getting cancer and experiencing the most magnificent of near-death experiences at the time her organs began to shut down in the final hours of advanced stage Hodgkin's Lymphoma.

During her NDE Anita awakened to a heightened state of awareness which allowed her to understand why she had cancer (among many other things) and accessed a state of unconditional loving energy that allowed her to gain full recovery of her health.

I need not elaborate on Anita's story any further, as it can be read in her NDE account at the Near Death Experience Research Foundation website, and there are also many different interviews available online for those who are unfamiliar with her story. However, if you are looking for a cliché NDE book with tunnels, white lights, angels and God you will be disappointed. This NDE transcends all cultures and all religions.

I would like to emphasize that despite being a book about a near-death experience, it has a much broader appeal than most other NDE books and is in my opinion multi-disciplinary. It is of huge value to anyone interested in the areas of near-death experiences, death, dying and bereavement, cancer, spontaneous remission, the mind-body relationship, mind-body and energy medicine, reincarnation, or to anyone who simply wishes to examine how the universe and life works in general. It even makes a compelling case for the skeptics of spiritual phenomena, as her spontaneous remission so close to death is one of a kind and medically documented and verified. In addition to Anita's wonderful message, I would hope that her views on cancer provide food for thought for oncologists around the world, and change the way the world and in particular the medical profession thinks about, views and treats cancer.

What impresses me most about this book and about Anita's message is that her NDE pertains much more to life and living than it does to death and what we can expect in the afterlife (although this topic is also covered in the book). It helps us eliminate the clutter in our lives and to focus more on what makes us happy and brings us joy in life, as well as eliminating any existential phobias we may have stemming from the relatively unknown realm of death.

Often spiritual books can create more existential fears and tensions rather than alleviate them with mention of concepts of sin, karma, pre-life planning of car accidents and illnesses, "soul lessons",

soul levels, hell, punishment etc. These books usually have some sort of agenda to push, but luckily this is not the case with Anita Moorjani, she is a breath of fresh air, something I am eternally grateful for.

Anita doesn't claim to be a spiritual guru, she doesn't peddle any sort of agenda as many other spiritual authors do. She has no dogma to force onto the reader. Instead she has an amazing story to tell (which she does with amazing dexterity in the English language), and shares from her NDE the many insights she gained into her own life, her own cancer and life and living in general, insights that anyone can benefit from.

For me Anita's NDE and the insight she gained from it tremendously helped me overcome much cognitive dissonance which came from reading various New Age spiritual, self help type books, and put life into a much clearer and more logical perspective. At the same time Anita offers an outlook on life that is relatively easy to implement-DO WHAT FEELS RIGHT FOR YOU, DON'T DO WHAT DOESN'T FEEL RIGHT FOR YOU, everything else in life is secondary.

If you are embarking on a quest for spiritual knowledge or if you have been on one for many years, don't buy 30 New Age books on soul mates, twin flames, soul lessons, law of attraction, indigo children, soul progression, karma etc, such books have little to do with the greater cosmic reality and in my opinion, for the most part, the concepts discussed in them are misconceptions at best, in other cases just plain lies. Such books can create quite a destructive and toxic belief system and can make living life more difficult and complicated than it needs to be.

Instead, just buy this book. It will help you remove the clutter from your mind, your way of thinking and from your life as well. The biggest myth that Dying To Be Me dismisses is that being spiritual or living life needs to be hard work, that we need to work hard for a favoured position in the afterlife, that we need to suffer and make sacrifices for spiritual advancement, enlightenment and perfection (such beliefs are the foundation of all religions and New Age thought). In the absence of such ideas Anita provides us with a much lighter and fulfilling perspective on life, allowing us to become more effective at being ourselves.

In Anita's own words "If you think you need to work hard at being spiritual then you haven't got it yet."

Dying To Be Me is undoubtedly a ten star book, a book with universal appeal and with a message that will never lose its relevance to spirituality and to living a happy and fulfilled life.

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