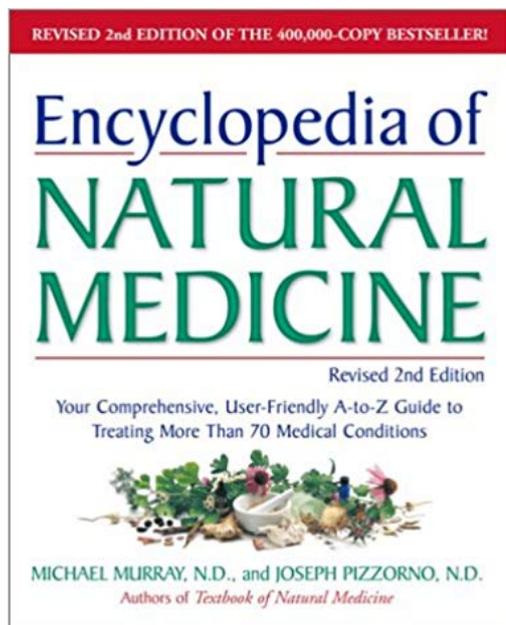


Encyclopedia of Natural Medicine: Your Comprehensive, User-Friendly A to Z Guide to Treating More Than 70 Medical Conditions--From Arthritis to Varico *by* Joseph Pizzorno,Michael T. Murray



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Reviews of the Encyclopedia of Natural Medicine: Your Comprehensive, User-Friendly A to Z Guide to Treating More Than 70 Medical Conditions--From Arthritis to Varico *by* Joseph Pizzorno,Michael T. Murray

invincible

This is one of those truly great references every household should have. I have used many of the solutions proposed in this reference with great results. I have also verified the ones I have used prior to using them with best medical institutions on the planet such as NIH, Johns Hopkins, etc. and they all check out. There is no voodoo or conjectures in this volume. These are time-tested and backed by scientific research/papers; solid evidence based science here.

Landamath

This book has paid itself off numerous times already. I had the second edition also. The third edition is updated with newer discoveries and supplements to treat many of the illnesses in the book. I have used many times and still use it whenever some illness comes up. I have used it to treat acid reflux, high blood pressure, stomach ulcers to name a few and every time it has worked wonders. It has helped me and those around me to improve health significantly. A must have if you are into natural healing and want to get away from big pharma. Easy to read and follow with lots of useful information for a lot of diseases plaguing society today.

Xlisiahal

What a surprise! I bought this book because an article mentioned that it had a lot of information about RA. This is true. However, every other condition I've looked up has been explored as comprehensively. This is not a book written at 5th grade level. The authors explore and explain the research on whatever topic they are discussing. I do not agree with all of their conclusions, but the fact that their conclusions are evidence-based, thoroughly researched, and well explained is indisputable. Written with holistic, balanced approach. An extraordinary purchase.

elegant stranger

I wish they listed the potential side effects and potential fatal overdoses that could be caused by their suggestions. I was hoping to have a book to replace the need for internet research, but I still have to look everything up online to verify if it is safe to take and dosage recommendations. Unfortunately I had to do a bunch of comments and writing in the book because there was not enough important information listed. And some of their recommendations could cause severe complications. However, with my own work and research included, it is a good book to start off with.

Trash Obsession

I have used it to find if something is viral or not and then doesn't need antibiotics; which are way over used. I've used it find natural solutions for me and others that does work unlike most drugs that only mask the problem, are expensive and often cause dependency.

I've learned the hard way doctors will not tell you natural options or refer you to someone who knows other options other than drugs.

JoJolar

This book is enormous and has everything you can think of. Nature can heal us inside and out. Traditional medicines try to mimic natural medicines and the only reason we even have traditional medicines is so the pharmaceutical companies can patent them, because you cannot put a patent on anything in nature. This book is very informative.

Ann

This book is DANTASTIC for the newcomer or pro! It gives simple to understand basics for natural health remedies. It provides uses for essential oils, natural foods, and vitamins to use for all routine and nonroutine medical concerns and problems. It is easy to locate the information you are seeking. It provides the information in an easy to understand format. Im a beginner in this area and it has provided me a great resource to refer to in a way that is easy to understand. Im able to locate the information easily. I love it!!!

I was excited when I saw the new edition was out. I have owned an older edition for years. The authors are careful with their research. This book is packed with information for an amazingly low price.

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